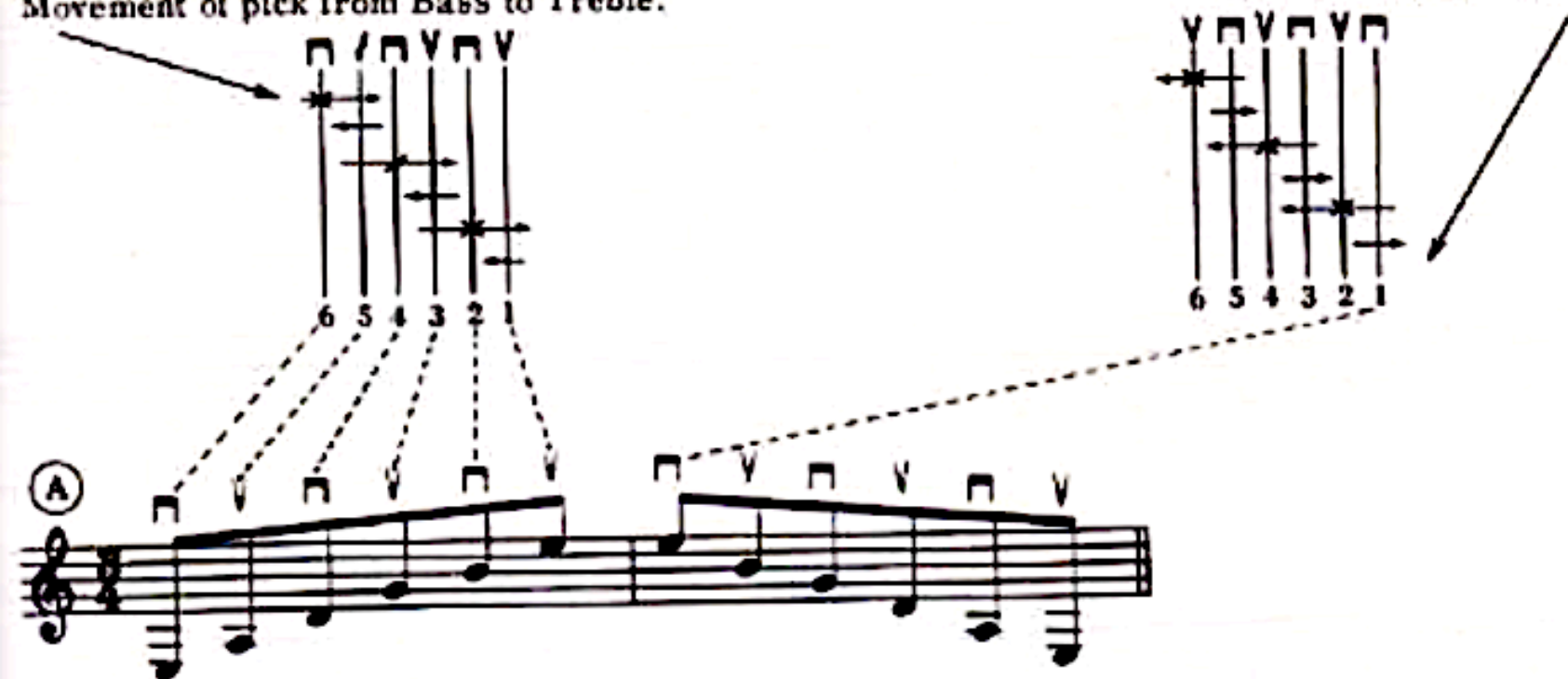


GROUP 2 EXERCISES MOVING ACROSS THE STRINGS USING ALTERNATIVE DOWN AND UP STROKES.

When moving across from a lower string to a higher adjacent string using alternative down and up strokes, move the pick in a straight line across the strings so that the pick follows through past the adjacent string before pulling the pick back for the UP stroke.

Movement of pick from Bass to Treble:

From Treble to Bass:



There should be very little movement of the right hand wrist, but there should be the relative movement from the elbow to the wrist. The pick and the forearm should always come into line at the end of the movement but remember not to rest the right hand fingers on any part of the guitar. There should be a slight lowering of the hand from the wrist towards the strings.